



# POSTGRADUATE BULLETIN

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## ISMM LEVEL 2 FINISHERS

If you have completed ISMM Level 2 under CAP, or otherwise, why not take your Sales skills to the next level by enrolling **NOW** on the

### ISMM Level 3 Course?

ISMM Sales & Marketing Level 3 Courses are available to Postgraduate Students, using the same online learning portal already familiar to you from your Level 2 studies.

- **ISMM Level 3 Certificate** £899.00
- **ISMM Level 3 Diploma** £1399.00

NB. You save £100 off the above prices if you have already completed the ISMM Level 2 Certificate.

Prices include VAT. For more details and an enrolment form send email to [derek.hall@ubteam.com](mailto:derek.hall@ubteam.com)

## FRESH INSPIRATIONS FROM FRANCE!

Words of wisdom from two postgraduate students in France -

*"As students, have we not all said at some time: 'I can't wait to finish school, and finish my studies'? Well, I have anyway. But do you really think that you don't have to study anymore after school? Yes you **HAVE** to, as we've often been told that we never finish studying.*

*So when I finished school, after having found a job, I looked for a course that linked with my job. I've just started it two weeks ago, and already find it very helpful. What I wanted to do as soon as possible was to find something that could help me improve my job role, maximise my potential, and be effective in my job. I am sure that the Course I have chosen will help me a lot, and I encourage every school leaver to continue with Postgraduate Studies."*

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*"Doing postgraduate studies is not an option, it's a **MUST!** Learn something that is useful for you and the company you work for and you'll never regret it. Don't just take a Course for the sake of it. Give it your best, never give up, and keep going until you succeed!"*

## PLANNING AHEAD FOR FEES

Paying for education is one of the biggest financial commitments a family can make, and providing a good education can be one of the most valuable gifts parents or grandparents can give to children. The key to affording school fees and postgraduate costs is to plan as early as possible. Saving soon after a child is born can build up a sizeable fund to use when the need arises.

Two suggestions for saving -

1. In the UK use your tax-free ISA allowance. By investing the maximum allowable amount in an ISA a tidy sum can be accumulated over several years.
2. For grandparents, trust planning can be a useful tool both to provide for education fees and at the same time to achieve Inheritance Tax (IHT) benefits. Regular payments towards education costs are not regarded as part of the estate for IHT purposes. Another option is to give a lump sum for the grandchildren's education and provided the grandparent survives for 7 years from the date of the gift it will be free of IHT.

.....and if you think postgraduate courses are expensive, just consider the cost of attending university to gain qualifications equivalent to those offered via distance learning. University fees are now up to £9000 a year and some graduates will still be paying off loans in their 50s!

## STAY ON THE BALL

A good night's sleep heals the body physically, emotionally and mentally. Here are four simple steps to help you sleep well and wake refreshed for the day ahead:-

### 1. Wake up to breakfast

Eat a substantial breakfast with a good source of protein included. This will increase energy levels throughout the day and should also influence melatonin levels to aid a good sleep at night.

### 2. Cut the caffeine

Don't rely on stimulants such as caffeine and energy drinks. They create peaks and troughs in energy and can lead to disrupted sleep patterns.

### 3. Essential hydration

Drink plenty of water. Hydration can affect not only your ability to concentrate but also your ability to sleep.

### 4. Technology tips

Withdraw from technology towards bedtime. Switch off from technology at least 30 minutes before bedtime and ensure there is no tempting technology available in the bedroom.



## LATIN – FAR FROM A DEAD LANGUAGE

Here is a message from a recently successful Latin student:

An opportunity to challenge the grey matter!

*"Do you have the grit and determination to stick to a commitment and refuse to give in to that sinking feeling that I can't do it? The understanding of Latin is a lifelong asset when communicating in writing or verbally. We must reject the totally untrue suggestion that nobody does Latin these days. Students who have completed a Latin course can testify to its many benefits. As well as increasing their IQ they have now acquired the ability to convey a matter accurately, with grammatical precision and with the right emphasis. This is a vital ingredient for present-day marketing, for we have learned from a highly respected source that a written estimate or quotation is more likely to lead to an order if it contains no errors in grammar, punctuation or spelling.*

*Latin is not for the faint-hearted, but what's the point of doing something easy, or worrying about what others think?"*

Head for success by contacting [oliver.woodcock@ubteam.com](mailto:oliver.woodcock@ubteam.com) for excellent course material and tutor support. This Latin course is done by distance learning and can be studied from anywhere globally.

*"If you give up, it means you never wanted it."*